

Dear GAIP member,

The Graduate Appointee Insurance Program (GAIP) is the UW's medical insurance program for eligible academic student employees, is administered through the LifeWise Assurance Company, and is available to UW graduate students employed in one of the following [GAIP-eligible appointments](#):

- RA/TA/SA
- Pre-doctoral instructor
- A benefits-eligible fellowship or traineeship earning at least \$800 per month
- Paid-Direct Fellowship paying at least \$800 per month

Your department must enter and approve your appointments/distributions in Workday on or before January 4, 2023. **Eligible appointees are then automatically enrolled in individual coverage and will be sent a welcome letter and/or email from LifeWise by the second week of January, which includes important instructions for enrolling dependents.** [Contact LifeWise](#) if you have an urgent need for coverage on or after January 1, but haven't yet received your enrollment confirmation.

[Log into Workday](#) to ensure your UW email and home addresses are current so you will receive notices without delay. Not sure if you are eligible? Contact your department's payroll coordinator for confirmation of your eligibility status.

Winter Quarter Coverage Dates and Deadlines

January 1: GAIP coverage begins for those who are eligible. For students who are losing eligibility for UW-paid GAIP coverage starting Winter quarter LifeWise will send a [Continuation of Coverage](#) notice to your home address, as listed in Workday, in mid-January. This notice includes the option to self-pay your coverage through the end of the plan year (September 30).

January 31: Deadline to complete changes to dependent(s) coverage on the LifeWise website using the [Dependent Enrollment tool](#). If no changes are made, your coverage level status from the previous quarter (if applicable) will continue to be the same this quarter.

February 10, February 24, and March 10: Payroll deductions for dependent coverage will happen on these dates. Find information about GAIP premiums on the [GAIP website](#).

March 31: Winter quarter GAIP coverage ends.

About LifeWise

LifeWise provides claims, eligibility, customer service and dependent enrollment customer service support. Visit the [LifeWise member portal](#) to view claims data and access benefit information, verify appointee and dependent eligibility, download temporary ID cards, utilize health tools for traveling abroad, access customer service representatives trained in GAIP benefits and eligibility requirements, and look up network providers, including contracted providers outside of Washington.

Other helpful links:

- [Graduate Appointee Insurance Program](#): general information about your health insurance benefit.
- [Archived GAIP Notices](#): includes this quarter's messages sent to all eligible academic student employees.

Thank you,
UW Benefits