

# **CHILDCARE, ADULT CARE, ELDERCARE AND MORE**

Whether you're a caregiver for a loved one, looking for housing resources, or in need of support for personal or professional challenges, WorkLife is here to help. We provide you with the resources and information you need to thrive both at work and in your personal life.

# **CHILDCARE BENEFITS**

# CHILDCARE CENTERS AT UW CAMPUSES

Eligibility for on campus centers is based on Administrative Policy Statement 51.1

# **UW Children's Centers—Seattle Campus**

Four Seattle campus locations: Radford Court, Laurel Village,

Portage Bay, and West Campus

Email: uwcclist@uw.edu | Phone: 206-523-3936

# **UW Children's Center UWMC Northwest Hospital**

One location on the UWMC Northwest Hospital campus

Email: dsusan@uw.edu | Phone: 206-668-1715

#### **UW Children's Center Harborview Medical Center**

One location near the Harborview Medical Center campus

Email: <u>uwcc.harborview@brighthorizons.com</u>

Phone: 206-623-5760

### **OFF-CAMPUS CHILDCARE CENTERS**

PEBB-eligible UW employees and UW students are eligible for these benefits:

# KinderCare priority enrollment and tuition discount

Receive a 10% discount at all <u>KinderCare</u> locations and priority enrollment at select KinderCare locations. KinderCare also has backup care and before and after school care benefits in separate sections below. Visit KinderCare or call 888-525-2780 about location availability, tuition rates and potential waitlist.

# Bright Horizons priority enrollment and partner center discounts

Receive priority enrollment access to all <u>Bright Horizons</u> centers. Plus, eligible UW community members have access to Bright Horizons' network of partner centers at discount tuition rates.

## IN-HOME CHILDCARE

## **Sittercity and College Nannies**

Bright Horizons provides UW employees and students with a premium membership to Sittercity which helps families search for caregivers and provides free basic background checks.

Sittercity also offer discounted access to care placements through College Nannies. If you have problems registering, call Bright Horizons at 877-242-2737.

# SCHOOL-AGED CHILDCARE AND SUMMER CAMPS

# **KinderCare Champions**

Eligible UW community members receive enrollment priority and a 10% discount at Champions in 7 different school districts in the Puget Sound area. Visit <u>KinderCare</u> or call 888-525-2780 to learn about location availability, tuition rates and possible waitlist.

### **Right at School through Bright Horizons**

Eligible UW community members receive a discount at Right at School in 15 school districts in the Puget Sound region. To access your benefit, visit the <u>Bright Horizons UW website</u> and click on "Find before- and after-school care." If you have problems registering, call Bright Horizons at 877-242-2737.

### Steve & Kate's Camp

As part of your <u>Bright Horizons</u> benefits package, you get discounted summer camp fees at <u>Steve & Kate's Camp</u>. Buy any number of weeks and receive \$10 daily savings for the entire experience. Or choose a summer pass and receive \$300 savings.

## **BACKUP CARE**

Backup care provides peace of mind for occasions when your regular care arrangements fall through.

# KinderCare backup care

For \$20 per child per day, children of eligible UW community members can attend a <u>KinderCare center</u> when regular childcare arrangements fall through. Each UW community member has a 10-use allowance per calendar year. <u>Visit KinderCare</u> or call 888-525-2780 with any questions or concerns.

#### **Bright Horizons backup care**

You can access your <u>Bright Horizons</u> backup care benefit in-center, in-home with a nanny, or with out-of-network reimbursable care up to five times per calendar year. Co-pays vary. Register for this benefit before you need care. If you have problems registering, call Bright Horizons at 877-242-2737. Use this information when you register:

Employer Username: UnivWa | Employer Password: 4Backup

# **Sittercity**

<u>Bright Horizons</u> provides UW employees and students with a premium membership to Sittercity which helps families search for someone who can act as a backup care provider when your regular care arrangements fall through. If you have problems registering, call Bright Horizons at 877-242-2737.

# **FAMILY BENEFITS & MORE**

#### **Tutoring and at-home learning**

<u>Bright Horizons</u> brings you discounts at Varsity Tutors, Sylvan, Revolution Prep, Brooklyn Robot Foundry, MarcoPolo and Code Ninjas.

## **Pet Care with Sittercity**

Sittercity can also help you find a pet sitter! Use your <u>free</u> <u>Sittercity membership</u> to secure care for your fur-baby.

# **Parenting listserv**

The UW parenting listserv was created by WorkLife to make it easier to communicate with fellow parents in the UW community. Sign up to receive occasional emails about opportunities, ideas and news relevant to UW parents.

### **WA State Employee Assistance Program**

PEBB eligible employees and their household members can call 877-313-4455 or <u>visit the website</u> to access counseling, legal advice, financial consultation, eldercare assistance, and work/life solutions.

# **ADULT & ELDER CARE BENEFITS**

#### **Years Ahead from Bright Horizons**

Resources available include an online needs assessment, get information on selecting between elder care choices – including specialized facilities for memory/hospice care and independent/assisted-living communities – and a search tool for finding and evaluating care providers. <u>Learn more</u>.

#### **Bright Horizons backup care**

The dependable solution for any number of situations when you need temporary care: a parent or spouse just had surgery, or your loved one's regular caregiver is unavailable. Copays vary. Register for this benefit before you need care. Use this information when you register:

Employer Username: UnivWa | Employer Password: 4Backup

# Adult and elder companion caregivers with Sittercity

Your <u>Sittercity membership through Bright Horizons</u> includes tools for connecting with adult and elder companion care givers.

# **HOUSING**

## Specialized home loans and down-payment assistance

Households with up to \$145,000 annual income may qualify for specialized home loans and down payment assistance through the Washington State Housing Finance Commission.

### Homebuyer education and home loan discounts

UW employees can get significant discounts on mortgage fees and advice from home-buying experts from HomeStreet Bank.

#### **Affordable rental housing**

UWHR partners with UW Community Relations and community partners to bring you options for housing near UW campuses.

# **CONTACT WORKLIFE**

Email us at: worklife@uw.edu or childcare@uw.edu.

More information about these programs can be found on the <u>WorkLife website</u>. Eligibility for the above programs based on employment and student status. Refer to the WorkLife website for additional details.

BE BOUNDLESS